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Dear patients,

This month, I'd like to join in the rally cry to "[Even the Score](#)." As you have heard me say time and time again, there is great inequality when it comes to treating women's sexual dysfunction, compared to treatment options for men. Currently, there are 26 FDA-approved treatments for male sexual dysfunction. There are 0 approved for female sexual dysfunction. Flibanserin, a drug designed to treat hypoactive sexual desire disorder (HSDD), could help change that. ([You may recall the story on ABC News](#).) It is currently back under review after being rejected by the FDA in 2013 -- rejected despite its promising results. It's time to call on the FDA to offer real, effective treatments for sexual dysfunction, which is estimated to affect roughly 1 in 10 women. [Let the FDA know it's time to even the score](#).

And for those of you considering starting a family, or if you know someone who is, you may want to pass on our latest blog about how high cholesterol is impacting fertility. A new study found couples with high cholesterol levels took longer to become pregnant.

Finally, as one of my patients, you're clearly comfortable seeing a male gynecologist. But many women are not. Read more on why it's important to find a practitioner that's best for you -- regardless of it's a male or female. As always, feel free to share this, or any of our blogs, with your family and friends.

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High Cholesterol, Trouble Conceiving May Go Hand in Hand

A new study, published last month in *The Journal of Clinical Endocrinology and Metabolism*, indicates that couples with high cholesterol levels may have more trouble conceiving than couples with normal levels of cholesterol. The study, conducted by researchers at National Institutes of Health (NIH), the University of Buffalo and Emory University, followed over 500 couples for one year from 2005-2009. [Read more](#).

Takes One to Know One: Can a Male Gynecologist Really Treat Women Effectively?

The New York Times recently posted an article by Abigail Zuger, MD, examining the psychology -- and clinical relevance -- of patient care influenced by "interpersonal chemistry." Dr. Zuger observes that many women note they have interpersonal chemistry that "binds" them to other women, and prefer women healthcare professionals because of this. In fairness, the article did emphasize that all of us have "interpersonal chemistry that binds us to some and estranges us from others." [Read more](#).

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